

Books About Feelings



- I Am Happy: A Touch and Feel Book of Feelings by Steve Light
- My Many Colored Days by Dr. Seuss
- How Are You Feeling by Saxton Freymann and Joost Elffers
- Feelings by Aiki
- The Feelings Book by Todd Parr
- Baby Happy Baby Sad by Leslie Patricelli
- Baby Faces by DK Publishing
- When I Am/Cuando Estoy by Gladys Rosa-Mendoza

VIRGINIA
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Difference Between Sympathy & Empathy



Sympathy

- Feeling pity for others
- Are thoughts
- Describes a situation
- Is distant
- "I am sorry you are suffering."

Empathy

- Understanding the feelings of others
- Are thoughts and feelings
- Describes a situation and passion
- Is shared
- "I can imagine what this feels like."

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