



Baby Talk: Resources to Support the People Who Work with Infants and Toddlers

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Briefing Paper: Infant and Early Childhood Mental Health and Early Intervention (Part C)

This briefing paper explores Infant and Early Childhood Mental Health policies and practices that state early intervention (Part C) programs may consider implementing to meet the social-emotional and mental health needs of infants and toddlers in the context of relationships with their families and other caregivers. <https://ectacenter.org/topics/iecmh/iecmh-partc.asp>

Resources on Infant and Early Childhood Mental Health

A new topic page from the Early Childhood Technical Assistance Center provides a set of free, curated resources that address the social-emotional well-being of young children from birth to five. Visit this site to learn more about prevention, intervention, and treatment approaches that are provided within the context of the child's relationship with their family and other caregivers. <https://ectacenter.org/topics/iecmh/>

Screen Time: How Much Is Too Much?

Too much screen time is an easy trap for children and families to fall into. This article highlights both the reasons for limiting screen time and strategies for implementing those limitations, even for toddlers.

<https://www.verywellfamily.com/set-limits-on-kids-screen-time-1256983>

Babies Are Saying Less Since the Pandemic

Interested in research findings about how the pandemic may be impacting language development? Check out the article at

<https://www.edweek.org/teaching-learning/babies-are-saying-less-since-the-pandemic-why-thats-concerning/2022/04>

Recommendations to Promote High-Quality Inclusion for Infants and Toddlers with Disabilities

Recently published in the ZERO TO THREE journal, this document calls on federal and state-level policy makers and program leaders to purposefully consider the needs of our nation's youngest children with disabilities and/or delays when making funding and policy decisions for early childhood care, education, support, and intervention. Read this, discuss this, and consider the importance of these ideas in your own work. <https://www.zerotothree.org/document/2130> (NOTE: If this link does not work, cut and paste the URL into your browser).

Language Development in Young Children

This compilation highlights ways in which parents, families, and caregivers – regardless of income, education level, or home language(s) – can help their child develop language skills and set them on a path to learning.

<https://papromiseforchildren.com/language-development-in-young-children/>

Parenting Styles, Sleep Quality, and Aggressive Behavior in Early Childhood

New research findings indicate that the ways in which infants at six months of age are parented exerts an influence on the children's sleep quality, which, in turn, is associated with aggressive behavior in early childhood. Find a summary of the research at

<https://fpg.unc.edu/news/parenting-styles-sleep-quality-and-aggressive-behavior-early-childhood>

GUMDROP: One More Example of Universal Design for Learning in Action

How many forms of expression can you count? <https://youtu.be/LtMGYOVULhM?t=19>

Baby Talk is a free, one-way listserv that is distributed monthly. Each issue features high quality, readily available, and free resources. **Resources in Spanish are highlighted.** All or part of Baby Talk may be freely shared or copied. To subscribe to Baby Talk, or for more information, please contact Camille Catlett at camille.catlett@unc.edu