

# Developmental Monitoring: Supporting Social-Emotional Growth in Infants and Toddlers



## What is social-emotional developmental monitoring?

**Social-emotional developmental monitoring** is a way to make sure children’s development is on track – based on social and emotional behaviors – and to identify any potential risks for social or emotional difficulties, delays, or developmental disabilities.

The **ASQ: SE-2** system relies on parents to complete simple questionnaires about their child related to seven key behavioral areas including:

1. Self-Regulation
2. Compliance
3. Social-Communication
4. Adaptive Functioning
5. Autonomy
6. Affect
7. Interaction with People

**Completing the questionnaires** allows parents to gain valuable information about their child’s strengths – areas where they are developing skills and competencies – and can also help to identify any challenging behaviors that have been observed.

This project was supported by the Virginia Department of Education (VDOE) Grant # 93.575, with funds made available to Virginia from the U.S. Department of Health and Human Services. Points of view or opinions contained within this document are those of the author and do not necessarily represent the official position or policies of VDOE or the U.S. Department of Health and Human Services.

The **Ages & Stages Social-Emotional Questionnaires** are a set of inexpensive and culturally versatile tools to identify children at risk for social-emotional and behavioral problems, delays, or developmental disabilities.

ASQ:SE-2 is available for pediatricians, early childhood educators, early interventionists, and others to use with families for children ages 1 month to 6 years.

“**Social and emotional development is a child’s ability to**

- 1) **experience, express, and manage emotions,**
- 2) **develop positive relationships with caregivers and others, and**
- 3) **explore their environment with curiosity and confidence.”**

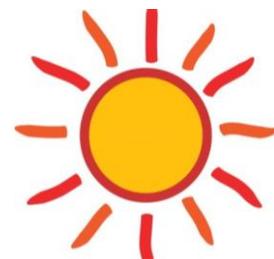
- Brookes Publishing – ASQ:SE-2

**The ability to develop social-emotional skills and competencies is CRITICAL for the optimal growth and development of young children.**

**Helping infants and toddlers build strong social-emotional skills helps them develop positive connections with others and improves their overall well-being.**



If you are interested in implementing the ASQ:SE-2 in your program, please contact the Mental Health Consultants at the Virginia Infant & Toddler Specialist Network: 757-566-3300.



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